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'Takes the Malayalam novel to new heights and fresh possibilities.' - The Hindu

When Peter Jeevanandam arrives in Sri Lanka to shoot a movie about a human rights activist ostensibly murdered by the LTTE, the government is more than willing to help. What they don't know is that he is also searching for Sugandhi - an LTTE member, and the love of his life. As Peter stumbles upon and becomes part of a plot to kill the president, reality, history, myth and fiction collide in explosive, illuminating ways. Sugandhi Alias Andal Devanayaki is a daring novel that portrays the violence inherent in both fascism and revolution. Winner of the 2017 Vayalar Award and the Kerala Sahitya Akademi Award. Najeeb's dearest wish is to work in the Gulf and earn enough money to send back home. He achieves his dream only to be propelled by a series of incidents, grim and absurd, into a slave-like existence herding goats in the middle of the Saudi desert. Memories of the lush, verdant landscape of his village and of his loving family haunt Najeeb whose only solace is the companionship of goats. In the end, the lonely young man contrives a hazardous scheme to escape his desert prison. Goat Days was published to acclaim in Malayalam and became a bestseller. One of the brilliant new talents of Malayalam literature, Benyamin's wry and tender

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telling transforms this strange and bitter comedy of Najeeb's life in the desert into a universal tale of loneliness and alienation.

Naalukettu: The House Around the Courtyard is the story of a young boy, Appunni, set in a matrilineal Nair joint family (a taravad) in the author's native village, Kudallur. Fascinated with accounts of the prestigious Naalukettu taravad from which his mother was expelled, Appunni visits the house only to be despised and rejected by all. Appunni grows up to earn enough money and returns to buy his ancestral home, but his victory soon turns into ashes when his father's murderer turns out to be the same man who was the only sympathetic adult in Appunni's lonely teenage years.

'An epic novel'—Outlook When twenty-two-year-old Chetna Grddha Mullick is appointed the first woman executioner in India, assistant and successor to her father, her life explodes under the harsh lights of television cameras. When the day of the execution arrives, will she bring herself to take a life?

There's more to Milind Soman than meets the eye (although, as his legions of female fans will agree, what meets the eye is pretty delish). Combining in himself the passion of an entrepreneur, the mind of a nerd, the discipline of an athlete, the curiosity of an explorer, the heart of a patriot and the soul of a philosopher, Milind has made the stunning-and apparently seamless- transition from champion

swimmer to supermodel to actor to extreme sportsperson to women's fitness activist, enabler and proselytiser, all in one lifetime. How does he do it? What makes him tick? On the twenty-fifth anniversary of 'Made in India', the breakout pop music video of the 1990s that captured the apna-time-aagaya zeitgeist of post-liberalization India and made him the nation's darling across genders and generations, Milind talks about his fascinating life-controversies, relationships, the breaking of vicious habits like smoking, alcohol, rage, and more-in a freewheeling, bare-all (easy, ladies-we're talking soul-wise!) memoir. Co-authored with bestselling author Roopa Pai, MADE IN INDIA is a rare glimpse into the mind and heart of a very unusual man that will leave you thoughtful, awed and inspired.

In The Novel There Is A Historical Romance, But Its Subtext Is A Political One Of Contemporary Significance. In The Novel There Is A Subplot With Subhadra At The Centre. Through What She Does Or What Happens To Her, C.V. Is Projecting A Futuristic Vision Of The New Woman In The Indian Context. The Conventional Image Of The Woman Is Replaced By An Imagined Figure That Was To Emerge On The Indian Scene. Another Unique Feature Of This Novel Is The Introduction, For The First Time, Of Untouchables, The Channans Of South Travancore. Hence Is Fiction Asserting Humanistic Values Over And Above The Taboos

And Superstitions Of Yester-Years.

HangwomanPenguin UK

Why do certain foods harm some people and help others? How come the results of a weight loss programme varies from individual to individual? And why do some people fall sick more often than others? The science of Ayurveda holds answers to these questions and many more. Its scriptures took a holistic approach to health by combining our lifestyle with our natural tendencies (which vary from one person to another). This groundbreaking new work from Om Swami combines the yogic view of food as sattvic, rajasic and tamasic with Ayurvedic perspective, and further relates it to the modern view of foods as acidic and alkaline. This is also the first time that Ayurvedic prakriti (vata, pitta and kapha) has been discussed in the context of yogic prakriti (sattvic, rajasic and tamasic) in a truly cohesive fashion. The Wellness Sense extracts the essence of Ayurveda, yoga and tantra to combine it with modern medicine in this simple, step-by-step handbook on how to take better care of yourself. Accessibly written, deeply researched and distilled from Om Swami's own lived experience, The Wellness Sense puts your health and happiness in your hands.

Novel based on social themes.

Increasingly possessed by a yearning to escape the ennui of an indifferent marriage and the empty but

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comfortable lifestyle of a bureaucrat, Raghu decides to visit the small patch of ancestral property in his native village. The novel moves between the two worlds the past and the present with pungent, earthy humour and sharp insights.

In 1498, when Vasco da Gama set foot in Kerala looking for Christians and spices, he unleashed a wave of political fury that would topple local powers like a house of cards. The cosmopolitan fabric of a vibrant trading society - with its Jewish and Arab merchants, Chinese pirate heroes and masterful Hindu Zamorins - was ripped apart, heralding an age of violence and bloodshed. One prince, however, emerged triumphant from this descent into chaos. Shrewdly marrying Western arms to Eastern strategy, Martanda Varma consecrated the dominion of Travancore, destined to become one of the most dutiful pillars of the British Raj. What followed was two centuries of internecine conflict in one of India's premier princely states, culminating in a dynastic feud between two sisters battling to steer the fortunes of their house on the eve of Independence. Manu S. Pillai's retelling of this sprawling saga focuses on the remarkable life and work of Sethu Lakshmi Bayi, the last - and forgotten - queen of the House of Travancore. The supporting cast includes the flamboyant painter Raja Ravi Varma and his wrathful wife, scheming matriarchs of 'violent, profligate and sordid' character, wife-swapping court

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favourites, vigilant English agents, quarrelling consorts and lustful kings. Extensively researched and vividly rendered, The Ivory Throne conjures up a dramatic world of political intrigues and factions, black magic and conspiracies, crafty ceremonies and splendid temple treasures, all harnessed in a tragic contest for power and authority in the age of empire.

As Post-Colonial Mayyazhi (Mahe) Where History And Time Flowed With The Water Under The Rusted Iron Bridge Tries To Come To Terms With Its New-Found Independence, Young Men Leave To Seek Their Fortunes Abroad. And Many Of The Older Generation, Orphaned By The Departure Of The French, Struggle To Eke Out A Living Even As They Remember Their Days Of Plenty Under Their Foreign Masters... Caught Up In Their Suffering, Kumaran Vaidyar Does Everything He Can To Keep The People Of His Beloved Mayyazhi From Starving, But Entrusts His Own Children To The Care Of His Beloved Wife, Who Is No More. Meanwhile, Father Alphonse Waves His Magic Wand And Changes Pebbles Into Candy And Waits For His Good-For-Nothing Son To Return. Through All This, Untroubled By The Woes Of The Elders, Shivan, Shashi And Elsie Spend An Idyllic Childhood In Sunny, Sleepy Mayyazhi. Until The Day Of Reckoning Catches Up With Them And They Pay The Price Of Growing Up. Mukundan S Two Seminal

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Mayyazhi Novels, On The Banks Of The Mayyazhi And God S Mischief, Are, At One Level, The Saga Of Mahe (Mayyazhi) With Its Legacy Of French Colonialism. At Another, They Are, Despite An Exuberant Parade Of Myths And Legends, A Chronology Of The Futile Search Of The Exiled Through The Crowded Alleys Of History. Mukundan Has...Made Mahe Into The Malgudi Of Malayalam Literature. S. Prasannarajan, Times Of India Mukundan S Novels Provide A Reading Of The History Of Colonialism Unavailable In A Historian S Ruvre. Prof. K.N. Panikkar, Interrogating Colonialism: Novel As Imagined History.

Young and impressionable, Prema is deeply infatuated with Yudas, the enigmatic man who dredges corpses from the bottom of the nearby lake. Longing to be rescued from the tyranny of her father, a former policeman who zealously tortured Naxalite rebels during the Emergency, Prema dreams of escape and finds herself drawn to the Naxal political ideology. Convinced that Yudas was one of the inmates at her father's prison camp, Prema believes that only he can save her. But Yudas is haunted by secrets of his own and, like his biblical namesake Judas Iscariot, bears the burden of crushing guilt. Perhaps the only novel to have been reprinted nearly every year for over a hundred years, Indulekha (1889) is widely held to be the first Malayalam novel. Often called an 'accidental' and 'flawed' work, at its

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core lies a love story. The setting of the novel is the Nair community of Kerala, which had for centuries practised polyandrous matriliney, a most unusual form of inheritance through the woman whom both property and authority flavoured. It gives us glimpses of prevalent social practices much debated amongst a people already under colonial pressure to change their ways of life. Written by a Nair, Indulekha is not a grandiose outpouring but the author's effort to achieve certain social goals: firstly, to create a novel much like those of the English authors he had read, and secondly, to illustrate Nair society at that time, both of which met with success. The novel influenced the deliberations of the Malabar Marriage Commission which it predated, and of which Chandumenon was a member. This novel will appeal to general readers interested in Indian writings in translation. Students of literature, history and culture, political and legal theory, and gender studies, will also find it useful.

Novel based on the story of a woman executioner and her family in Bengal.

National And State Literature Akademi Awardee M.T. Vasudevan Nair's Novel Is Set Against The Backdrop Of The Crumbling Matrilineal Order Of Kerala In A Newly Independent India. As Freedom And Democracy Promise Prosperity, A Young Upper Caste Boy Full Of Idealism Learns To Deal With A World That Is Less Than Ideal.

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Stories on social themes.

Revised and improved for all new advanced level syllabuses, this pack pays particular emphasis to the new core and option topics and to the skills necessary to succeed in physics. Hundreds of experiments are discussed and worked examples presented.

Penniless and destitute, failed tech entrepreneur Lindsay Mitchell is about to end her suffering by suicide. Standing in the ocean and ready to end it all, one thing stops her- a man smiling and watching her in the distance. Arjun Siddharth sees something in Lindsay. A yearning to reconnect with meaningful living. Against the odds, Arjun offers her a deal: If Death can wait 90 days, he will show her the path to be her best self so that she can have it all; the wealth, self-fulfillment and happiness. 90 Days to Life is a treasure trove of lessons that you can use in all facets of business, career, and life beautifully intertwined in a can't put it down, captivating fictional narrative. By the time you finish reading this touching story, you would have grasped everything you need to know to start or succeed as an entrepreneur, small business owner or a professional. As a bonus benefit, the stories and strategies within will align your psychology and mindset to victory and inspire you to implement those nuggets you pick up on your way. The inspiring metaphors and wisdom will win your heart and linger long after you finish 90 Days to

Life.

Who can resist a good story, especially when it's being told by Grandma? From her bag emerges tales of kings and cheats, monkeys and mice, bears and gods. Here comes the bear who ate some really bad dessert and got very angry; a lazy man who would not put out a fire till it reached his beard; a princess who got turned into an onion; a queen who discovered silk, and many more weird and wonderful people and animals. Grandma tells the stories over long summer days and nights, as seven children enjoy life in her little town. The stories entertain, educate and provide hours of enjoyment to them. So come, why don't you too join in the fun.

Is my baby not well? When can I introduce my baby to solid foods? Becoming a new mother can be an exciting yet overwhelming time. No matter how prepared you are, there will always be many confusing moments, opinions and a whole lot of drama! And just like any other new mom, Esha Deol Takhtani was faced with many such questions soon after the birth of her two daughters-Radhya and Miraya. One day, when one of her baby girls was throwing a tantrum, Esha decided to come up with a plan, one that would ensure her child eats right and is happy in the process! And thus began her adventures in motherhood. With the help of her cook, nurse and some of the best paediatricians in Mumbai, she set off on a journey to document her

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experiences in motherhood in the hope that it would help other mothers too. Packed with advice, tips, stories and easy and delicious recipes for toddlers, Amma Mia reflects the personal journey of one woman's transformation into a mother. Informative and easy to follow, this book will help new mothers navigate the ups and downs of raising a healthy toddler and make their child fall in love with food.

When Tulsi first meets Madhav, she is irrevocably drawn to his chiselled good looks and charm. Although wary of his many dalliances and the string of broken hearts left in his wake, she is surprised by the intense desire that Madhav arouses in her. And before long, she forsakes her family, her prospective career, her fiancé—all for the love of this inscrutable man. But love can be like poison. Years later, Tulsi escapes to the ancient city of Vrindavan, seeking redemption amidst the cries and prayers of its anguished widows. However, when her past catches up with her, old wounds resurface with dramatic consequences.

At a crucial moment after the cliffhanger ending of book one, The Immortals of Meluha, the warrior-hero Shiva--the man who is the prophesied Neelkanth, or destroyer of evil--is fighting to protect his wife Sati from an invasion by the Nagas, a mysterious militaristic society. Evil forces are growing in strength all around the conflict, and Shiva's own philosopher-guides have betrayed his unquestioning faith by accepting aid from the dark side. Even the idyllic empire of Meluha hides a terrible secret. Accompanied by his troop of warriors, Shiva travels East to the land of Branga in hopes of discovering clues as to the whereabouts of the Naga people. The journey concludes in the Naga capital of Panchavati, where a surprise awaits him that will change the balance of power...

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The Grddha Mullicks take pride in the ancient lineage they trace from four hundred years before Christ. They burst with marvellous tales of hangmen and hangings in which the Grddha Mullicks figure as eyewitnesses to the momentous events that have shaped the history of the subcontinent. In the present day, Chetna, the youngest member of the family, is appointed the first woman executioner in India. Thrust suddenly into the public eye, Chetna's life explodes under the harsh lights of television cameras. As the day of her first execution approaches, she breaks out of the shadow of a domineering father and the thrall of a brutally manipulative lover, transforming into a charismatic performer in her own right. Meera's spectacular imagination turns the story of Chetna's life into an epic and perverse coming-of-age tale. Will the ardent young woman be able to escape the love that binds her? Will she add lustre to the illustrious name of Grddha Mullick? Or will she succumb to the dazzle of celebrity and the thrill of power over life and death? The lurid pleasures of voyeurism and the punishing ironies of violence are kept in agile balance as the drama hurtles to its inevitable climax.

'A literary heavyweight'—Indian Express In these bold, wry and ebullient stories, Meera's astonishing range of narrative techniques is on full display as she expertly lays bare the faultlines behind the façade of everyday life, sometimes with dark humour and sometimes with astoundingly bitter sadness. "Extra Libris: Essays, Reader's Guides, and More"--Page [345].

The powerful memory of a former love rules Radhika's inner world as she builds a small-time practice in Law, and attempts normalcy in a marriage she neither wanted nor resisted. Raped at age ten, raped again as a young collegiate, she is abandoned twice: first by her father and later by Christy who loved her, but takes her through a

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wedding ceremony only to leave her later the same day. When Christy returns sixteen years later, shattered and unstable, the burnt and withered roots of love bloom again. Trauma, betrayal, and loneliness are the colours that paint this picture of physical and emotional violence that Radhika endures.

A restlessness born of guilt and despair leads Ravi to embark on a journey that ends in the remote village of Khasak in the picturesque Palghat countryside in Kerala. A land from the past, potent with dreams and legends, enfolds the traveller in a powerful and unsettling embrace. Ravi is bewitched and entranced as everything around him—the villagers; their children whom he teaches in a makeshift school; the elders who see him as a threat; the toddy-tappers; the shamans—takes on the quality of myth. And then reality, painful and threatening, begins to intrude on the sojourner's resting place and Ravi begins to understand that there is no escape from the relentless dictates of karma... Often poetic and dark, always complex and rich, *The Legends of Khasak*, O.V.

Vijayan's much-acclaimed first novel, translated into English by the author, is an extraordinary achievement

Sparkling stories of love, longing and heartbreak in the city by Ravish Kumar, journalist, TV anchor and bestselling author of *The Free Voice* A boy from Bihar living in Lajpat Nagar likes a momo-seller from the Northeast; she likes him too, but when he gifts her a token from his village, his dreams come crashing down. Samar travels with his beloved in a DTC bus in Delhi, the only space in the city where they can meet, but he's afraid to call out her name for fear it will be recognized. A couple shelters from rain underneath a flyover, hoping for a moment of seclusion, but staring eyes pour water on their dreams. And a girl lets herself into her lover's rented room, finds a bunch of letters from his past flames, and leaves him an unusual farewell note. In these crisp, powerful, micro

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stories, the celebrated journalist, TV anchor and writer Ravish Kumar brings alive the love, longing and heartbreak which flourish in the city's spaces. And even as lovers find the niches they need, the city itself shapes their relationships. Brilliantly translated from the bestselling Hindi original *Ishq Mein Shahar Hona*, *A City Happens in Love* is a tribute to the modern Indian city, its capaciousness, and to the power of love.

WINNER OF THE JCB PRIZE FOR LITERATURE 2020. 'A novel of epic dimensions ... easily among the most accomplished fictional works in Malayalam.' K.

SATCHIDANANDAN Vavachan is a Pulayan who gets the opportunity to play a policeman with an immense moustache in a musical drama. The character appears in only two scenes and has no dialogue. However, Vavachan's performance, and his moustache, terrify the mostly upper-caste audience, reviving in them memories of characters of Dalit power, such as Ravanan. Afterwards, Vavachan, whose people were traditionally banned from growing facial hair, refuses to shave off his moustache. Endless tales invent and reinvent the legend of his magic moustache in which birds roost, which allows its owner to appear simultaneously in different places and disappear in an instant, which grows as high as the sky and as thick as rainclouds -- and turn Vavachan into Moustache, a figure of mythic proportions. Set in Kuttanad, a below-sea-level farming region on the southwest coast of Kerala, the novel is as much a story of this land as it is of Vavachan and its other inhabitants. As they navigate the intricate waterscape, stories unfold in which ecology, power dynamics and politics become key themes. Originally published in Malayalam as *Meesha*, S. Hareesh's *Moustache* is a contemporary classic mixing magic, myth and metaphor into a tale of far-reaching resonance.

Joseph Murphy (20th May 1898-16th Dec 1981), the author,

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says that "Wealth is a state of consciousness. Everyone has a right to be rich. God wants you to be happy, prosperous, and successful." Dr. Murphy was a proponent of the New Thought movement. He had had a unique gift of expressing great truths in a lucid manner. The book highlights "Your right to be rich" and "The road to Riches". The author has narrated-'What people can achieve if they start using their imaginary and creative skills.' Lots of examples are included in the book. The book narrates, there is no virtue in poverty. It should be abolished from the earth. Everyone is here to grow, expand and unfold - spiritually, mentally and materially. Poverty is a disease like any other mental disease. You were born to succeed to win, to conquer all hurdles, and to have all your faculties fully developed. If there is financial lack in your life, do something about it. "Man does not live by bread alone." For this one has to set his heart on money and to give all his attention to amassing money, nothing else matters. You are living in a subjective and objective world. You must not neglect the spiritual food, such as peace of mind, love, beauty, harmony ,joy, and laughter. Dr. Murphy wrote more than 30 books. His most famous work is "The Power of your Unconscious Mind."

After an existence of over 5000 years, the Hinduism the oldest religion on earth continues to brace the casteism in form of a monster.

A novel

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