

# Barnets Bog Digitalt

Denne danske bestseller børnemeditationsbog hjælper tusindvis af børn med at sove i hele verden og på mange sprog. Når forældre ved sengetid gennem meditatív læsning bliver nærværende, rolige og forbinder sig til hjertet, bliver det meget nemmere for børnene at falde i søvn. Barnet kan læne sig ind i forældrenes ro. Vidste du, at porten til drømmeland går gennem vores hjerter? At finde ud af tidligt i livet, hvordan vi finder porten til vores hjerter er en gave i livet på så mange måder, også når det kommer til søvn. For forfatteren var oplevelsen af at se sine børn finde porten til deres hjerter så smuk, at hun besluttede at lære andre forældre hvordan. Bogen indeholder fire korte hjertemeditationer, du læser for dit barn. Efter en kort introduktion vil du kunne guide dit barn ind i hjertet og lære dem at fylde deres hjerter med kærlighed. At introducere dit barn til hjertemeditation hjælper dem med at navigere i udfordringerne ved at vokse op som barn af den digital tidsalder, hvor stimuli konstant fylder barnets sind. Bogen hjælper også med savn or sorg. Den lille kærlighedssky i bogen åbner op for at forældre og børn kan føle sig forbundet, selv når vi er adskilte. Nyd også din egen smukke rejse ind i dit hjerteland med dit barn. Der er også meget træning for forældre i denne bog. Når vi lærer at opdrage fra vores hjerter og få forbindelse til vores børn hjerte til hjerte, bliver mange ting lettere i familien. Rigtig god fornøjelse.

Emotions are invisible, taken for granted and dismissed much of the time#8212a paradox given they are some of the most powerful forces on Earth. They inflame wars, induce death, inspire invention, and control stock markets. More important, each of us has them#8212all the time. In Goodbye, Hurt and Pain, Deborah Sandella uses cutting-edge neuroscience research

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and her revolutionary Regenerating Images in Memory (RIM) technique to show how blocked feelings prevent us from getting what we want, and she introduces a process that bypasses logic and thinking to activate our own emotional "self-cleaning oven." Using imagination, color, and shape to visualize feelings and get straight to the root of longstanding problems, she teaches us to move destructive feelings such as fear, anger, hurt, resentment, and envy out of the body. Letting go of old feelings and traumatic memory at a deep, cellular level makes people feel and look younger, lighter, more energized, and less burdened. And they can begin to experience results after just one or two self-directed sessions. Goodbye, Hurt and Pain also provides seven organic ways of using your feelings to attract more love, better health, and greater success. The process is fast, fun, and as easy as 1-2-3. "Wonderful and profound. This book will touch you intimately and probably change your life." #8212Jack Canfield, from the foreword

A New York Times Bestseller From #1 New York Times bestselling author Julia Quinn comes the story of Francesca Bridgerton, in the sixth of her beloved Regency-set novels featuring the charming, powerful Bridgerton family, now a series created by Shondaland for Netflix.

FRANCESCA'S STORY In every life there is a turning point. A moment so tremendous, so sharp and breathtaking, that one knows one's life will never be the same. For Michael Stirling, London's most infamous rake, that moment came the first time he laid eyes on Francesca Bridgerton. After a lifetime of chasing women, of smiling slyly as they chased him, of allowing himself to be caught but never permitting his heart to become engaged, he took one look at Francesca Bridgerton and fell so fast and hard into love it was a wonder he managed to remain standing. Unfortunately for Michael, however, Francesca's surname was to remain Bridgerton

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for only a mere thirty-six hours longer—the occasion of their meeting was, lamentably, a supper celebrating her imminent wedding to his cousin. But that was then . . . Now Michael is the earl and Francesca is free, but still she thinks of him as nothing other than her dear friend and confidant. Michael dares not speak to her of his love . . . until one dangerous night, when she steps innocently into his arms, and passion proves stronger than even the most wicked of secrets . . .

Increasing the efficiency of water use and enhancing agricultural water productivity at all levels of the production chains are becoming priorities in a growing number of countries. In particular, shifting to modern on-farm irrigation practices can contribute to a substantial increase in both water use efficiency and water productivity. The objective of this handbook is to provide a practical guide on the use of pressurised irrigation techniques to farmers, irrigation technicians, and extension workers in the field. In this second edition, the handbook has been considerably revised, including new chapters on low-cost drip irrigation and pipe distribution systems for smallholders. (Also available in French)

This book describes how corporate powers have erected a rapacious system of intellectual property rights to confiscate the benefits of creativity in science and culture. This legal system threatens to derail both economic and scientific progress, while disrupting society and threatening personal freedom. Perelman argues that the natural outcome of this system is a world of excessive litigation, intrusive violations of privacy, the destruction system of higher education, interference with scientific research, and a lopsided distribution of income.

"Phrases and Names, Their Origins and Meanings" by Trench H. Johnson. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-

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known classics & literary fiction and non-fiction to forgotten?or yet undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

The Germanic language family ranges from national languages with standardized varieties, including German, Dutch and Danish, to minority languages with relatively few speakers, such as Frisian, Yiddish and Pennsylvania German. Written by internationally renowned experts of Germanic linguistics, this Handbook provides a detailed overview and analysis of the structure of modern Germanic languages and dialects. Organized thematically, it addresses key topics in the phonology, morphology, syntax, and semantics of standard and nonstandard varieties of Germanic languages from a comparative perspective. It also includes chapters on second language acquisition, heritage and minority languages, pidgins, and urban vernaculars. The first comprehensive survey of this vast topic, the Handbook is a vital resource for students and researchers investigating the Germanic family of languages and dialects.

Americans tend to think of the Revolution as a Massachusetts-based event orchestrated by Virginians, but in fact the war took place mostly in the Middle

Colonies—in New York and New Jersey and the parts of Pennsylvania that on a clear day you can almost see from the Empire State Building. In *My American Revolution*, Robert Sullivan delves into this first Middle America, digging for a glorious, heroic part of the past in the urban, suburban, and sometimes even rural landscape of today. And there are great adventures along the way: Sullivan investigates the true history of the crossing of the Delaware, its down-home reenactment each year for the past half a century, and—toward the end of a personal odyssey that involves camping in New Jersey backyards, hiking through lost "mountains," and eventually some physical therapy—he evacuates illegally from Brooklyn to Manhattan by handmade boat. He recounts a Brooklyn historian's failed attempt to memorialize a colonial Maryland regiment; a tattoo artist's more successful use of a colonial submarine, which resulted in his 2007 arrest by the New York City police and the FBI; and the life of Philip Freneau, the first (and not great) poet of American independence, who died in a swamp in the snow. Last but not least, along New York harbor, Sullivan re-creates an ancient signal beacon. Like an almanac, *My American Revolution* moves through the calendar of American independence, considering the weather and the tides, the harbor and the estuary and the yearly return of the stars as salient factors in the war for independence. In this fiercely individual and often hilarious journey to

make our revolution his, he shows us how alive our own history is, right under our noses.

This illustrated book that includes tables, charts, and maps primarily discusses the role of USAREUR (US Army Europe) in rearming and training the new German Army which was perhaps the Army's single greatest contribution toward maintaining security in Western Europe. Likewise, the relationship between American soldiers and their French and West German hosts evolved over time and is a critical element in telling the story of the US Army in Europe.

Since the 1980s, globalization and neoliberalism have brought about a comprehensive restructuring of everyone's lives. People are being 'disciplined' by neoliberal economic agendas, 'transformed' by communication and information technology changes, global commodity chains and networks, and in the Global South in particular, destroyed livelihoods, debilitating impoverishment, disease pandemics, among other disastrous disruptions, are also globalization's legacy. This collection of geographical treatments of such a complex set of processes unearths the contradictions in the impacts of globalization on peoples' lives. Globalizations Contradictions firstly introduces globalization in all its intricacy and contrariness, followed on by substantive coverage of globalization's dimensions. Other areas that are covered in depth are: globalization's macro-

economic faces globalization's unruly spaces globalization's geo-political faces ecological globalization globalization's cultural challenges globalization from below fair globalization. Globalizations Contradictions is a critical examination of the continuing role of international and supra-national institutions and their involvement in the political economic management and determination of global restructuring. Deliberately, this collection raises questions, even as it offers geographical insights and thoughtful assessments of globalization's multifaceted 'faces and spaces.'

Vitello never gets to see his dad and needs a decent one to show off to his friends. But where does one borrow a dad? Vitello lives in a terraced house by a ring road with his mum, where the traffic is noisy and his friends are annoying. He's had other adventures and been in other scrapes too.

Inden for velfærdsprofessionerne er der i disse år fokus på tværprofessionelt samarbejde. Målet med samarbejdet er at levere en helhedsorienteret indsats til gavn for borgerne. Formålet med denne bog er at styrke praktikernes, undervisernes og de studerendes viden om deres egen og andre velfærdsprofessioners historie, værdier og faglighed. Herved bliver det tydeligere, hvad de forskellige professioner kan byde ind med for at løse de fælles opgaver med at styrke børns og borgeres velfærd, sundhed og dannelse. Bogen

indeholder overordnede kapitler om velfærdsprofessioner, tværprofessionelt og tværsektorielt samarbejde samt specifikke kapitler om de ti største velfærdsprofessioner: administrationsbachelor, bioanalytiker, ergoterapeut, ernæring- og sundhedsbachelor, fysioterapeut, jordemoder, lærer, pædagog, socialrådgiver og sygeplejerske. Bogen kan benyttes som lærebog til den tværprofessionelle undervisning på professionshøjskolerne og som håndbog for praktikere, der indgår i tværprofessionelt og tværsektorielt samarbejde.

This classic ICMA "green book" is filled with practical guidance on a broad range of issues that planners are likely to encounter--whether they work in inner cities, older suburbs, rural districts, or small towns. In addition to covering the latest planning trends and the impact of technology, diversity, and citizen participation, this text gives complete coverage of basic planning functions such as housing, transportation, community development, and urban design.

Profiles computer hackers who overstep ethical boundaries and break the law to penetrate society's most sensitive computer networks.

Med en skrivekonkurrence om vold i familien satte Red Barnet, BoD og Movellas i efteråret 2013 fokus på en hverdag i konstant angst for dem, der står os allernærmest. Konkurrencen fik næsten 100 unge til tasterne, og i denne bog kan du læse de ti vinderhistorier, der på hver deres måde beskriver en hverdag med

vold og frygt. Du kan blandt andet læse om drengen Malte, der er ude at køre med sin søster, mor og rasende far. Den slags tur de fleste nok kender, men som i historien "Far ved bedst" udvikler sig anderledes end for de fleste. For man skal ikke sige far imod. Han ved bedst. Eller gør han? I historien "Mor" møder vi en forælder, der lader sine frustrationer gå ud over den anden forælder, og et barn, der bliver nødt til at skrue højere op for musikken inde på værelset. En situation, som efterfølgende har sat sig som ar på sjælen "Mine tårer og mit snot" beskriver volden fra en vens synsvinkel. Hvordan er det at være tæt på én, der trækker sig længere og længere væk, uden du ved hvorfor? Og hvordan reagerer du, når du finder ud af, at han er udsat for vold? Forord af Puk Elgård, som har været med til at udvælge vinderhistorierne.

jlo 50 Carats Birthday Collectors Edition Drawing Journal Iconic cover  
photograph by Sir Michael Huhn

In the tradition of Lars Mytting's Norwegian Wood, a beautifully illustrated chronicle of a year in the life of a beekeeper from Swedish author Lotte Möller The study of bees has often been considered a divine occupation, as the creature's attention to detail and purpose is so special, and the honey they produce almost magical. In this compelling cultural history that moves beautifully through the beekeeper's year, Swedish beekeeper and writer Lotte Möller

shares her understanding of bees and bee lore from antiquity to the present with deep knowledge and sharp wit. Möller gives insight into the activity in the hive and describes the bees' natural order and habits. She explores the myths of the past, and how and when they were replaced by fact. In stories from her travels, Möller encounters a host of colorful characters, from a trigger-happy California beekeeper raging against both killer bees and bee politics, to the legendary Brother Adam of Buckfast Abbey, breeder of the Buckfast Queen, now popular around the world. Filled with bee illustrations buzzing from cover to endpaper, *Bees and Their Keepers* is a gorgeous book for the beekeeper and general reader alike.

This fully-updated second edition of *Grief in Children* provides an overview of children's understanding of death at different ages and outlines how the adults around them can best help them cope. The author provides guidance on handling loss and bereavement at school and discusses the value of bereavement groups and support for child and caregiver.

Writer Hadley Freeman investigates her family's secret history in this "exceptional" (*The Washington Post*) "masterpiece" (*The Daily Telegraph*) uncovering a story that spans a century, two World Wars, and three generations. Hadley Freeman knew her grandmother Sara lived in France just as Hitler started

to gain power, but rarely did anyone in her family talk about it. Long after her grandmother's death, she found a shoebox tucked in the closet containing photographs of her grandmother with a mysterious stranger, a cryptic telegram from the Red Cross, and a drawing signed by Picasso. This discovery sent Freeman on a decade-long quest to uncover the significance of these keepsakes, taking her from Picasso's archives in Paris to a secret room in a farmhouse in Auvergne to Long Island to Auschwitz. Freeman pieces together the puzzle of her family's past, discovering more about the lives of her grandmother and her three brothers, Jacques, Henri, and Alex. Their stories sometimes typical, sometimes astonishing—reveal the broad range of experiences of Eastern European Jews during the Holocaust. This “frightening, inspiring, and cautionary” (Kirkus Reviews) family saga is filled with extraordinary twists, vivid characters, and famous cameos, illuminating the Jewish and immigrant experience in the World War II era. Reviewers have asked: “is there a better book about being Jewish?” (The Daily Telegraph) Addressing themes of assimilation, identity, and home, *House of Glass* is “a triumph” (The Bookseller) and a powerful story about the past that echoes issues that remain relevant today.

When Pippi Longstocking moves in next door to Tommy and Annika they are

completely amazed by their new playmate. Pippi is cheeky, courageous and completely unpredictable. She lives alone with a monkey, a horse, and no rules whatsoever! Everything is fun with Pippi around! In this story she performs at the circus, uses her super strength to stop two robbers, and throws an unusual birthday party. This charming heritage edition is the perfect introduction to Pippi. The story is published in its original picture book form, with classic illustrations that bring Pippi and all the mayhem she causes to life.

\* A visually powerful and practical book for creating the perfect Nordic-inspired home\* A complete primer for decorating your home in the Nordic style, based on Scandinavian mood boards and examples\* The author is a well-known Scandinavian designer and TV personality "A good starting point in designing beautifully, is to adapt to your surrounding architecture and nature - the materials and colors and decorate with your own personal style. Truly knowing your own style is tantamount to interior designing with that ever-important personal touch. And finding your own individual style can be a difficult and confusing journey," - Katrine Martensen-Larsen. The (New) Nordic Style is here to stay. The use of rich Scandinavian materials, pure colours, and a distinctive graphic style turn out to be timeless. Yet many people who are looking to create the Scandinavian look at home do not find it easy to match these common elements of Nordic style. Step

by step and using different mood boards, themes, materials, light, furniture and floor coverings, Katrine Martense-Larsen explains how to create your own ideal Scandinavian interior.

Hvor meget bør mit barn egentlig spille hver dag? Er det problematisk at se youtube i timevis? Og hvordan skal man egentlig opføre sig på de sociale medier? Mange forældre (og bedsteforældre) er bekymrede for deres barns digitale liv og ved ikke helt, hvordan de skal håndtere det - eller for den sags skyld forstå det. Det gør FÅ STYR PÅ DIT BARNS DIGITALE LIV noget ved. I en praktisk og letlæselig bog guider psykolog Ulla Dyrlov forældrene igennem de mange bekymringer og faldgruber, der er, når ens barn har et digitalt liv - hvadenten barnet er fem år gammel eller en ung, selvstændig teenager. Bogen er delt sådan op, at det er nemt at bladere frem til det eller de emner eller aldersgrupper, der optager én lige nu, og hele vejen igennem er den fyldt med lister, opsamlinger og konkrete råd til aftaler og huskeregler. Ulla Dyrlov, der bl.a. er kendt fra DR-programmet "Aldrig for sent", har stor erfaring med børns digitale liv gennem forløb i sin psykologpraksis.

An essential guide to composting for all gardeners and environmentally conscious people This revised edition of The Rodale Book of Composting includes all the latest in new techniques, technology, and equipment. Gardeners

know composting is the best way to feed the soil and turn food scraps into fresh produce, but even urbanites can get on board thanks to programs like compost pickup and citywide food waste initiatives—there’s no better way to reduce landfill waste (and subsequent emissions) and dependence on fossil fuels while nourishing the earth. The Rodale Book of Composting offers easy-to-follow instructions for making and using compost; helpful tips for apartment dwellers, suburbanites, farmers, and community leaders; and ecologically sound solutions to growing waste-disposal problems.

A life lesson that all parents want their children to learn: It’s OK to make a mistake. In fact, hooray for mistakes! A mistake is an adventure in creativity, a portal of discovery. A spill doesn’t ruin a drawing—not when it becomes the shape of a goofy animal. And an accidental tear in your paper? Don’t be upset about it when you can turn it into the roaring mouth of an alligator. An award winning, best-selling, one-of-a-kind interactive book, Beautiful Oops! shows young readers how every mistake is an opportunity to make something beautiful. A singular work of imagination, creativity, and paper engineering, Beautiful Oops! is filled with pop-ups, lift-the-flaps, tears, holes, overlays, bends, smudges, and even an accordion “telescope”—each demonstrating the magical transformation from blunder to wonder.

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The fifth installment of Bernard Cornwell's bestselling Saxon Tales chronicling the epic saga of the making of England, "like Game of Thrones, but real" (The Observer, London)—the basis for The Last Kingdom, the hit television series coming to Netflix in Fall 2016. At the end of the ninth century, King Alfred of Wessex is in ill health; his heir, an untested youth. His enemy, the Danes, having failed to conquer Wessex, now see their chance for victory. Led by the sword of savage warrior Harald Bloodhair, the Viking hordes attack. But Uhtred, Alfred's reluctant warlord, proves his worth, outwitting Harald and handing the Vikings one of their greatest defeats. For Uhtred, the sweetness of victory is soon overshadowed by tragedy. Breaking with Alfred, he joins the Vikings, swearing never again to serve the Saxon king. Instead, he will reclaim his ancestral fortress on the Northumbrian coast. Allied with his old friend Ragnar—and his old foe Haesten—he aims to invade and conquer Wessex itself. But fate has different plans . . . In The Burning Land, Bernard Cornwell, "the reigning king of historical fiction" (USA Today), delivers a rousing saga of Anglo-Saxon England—an irresistible new chapter in his thrilling Saxon Tales, the epic story of the birth of England and the legendary king who made it possible.

In its 114th year, Billboard remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. Billboard publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends.

One week in the making of a TV commercial for car tyres -- as told by the inimitable Matt Beaumont, author of e

The fourth installment of Bernard Cornwell's bestselling series chronicling the epic saga of the

making of England, “like Game of Thrones, but real” (The Observer, London)—the basis for The Last Kingdom, the hit television series coming to Netflix in Fall 2016. The year is 885, and England is at peace, divided between the Danish kingdom to the north and the Saxon kingdom of Wessex in the south. Uhtred, the dispossessed son of a Northumbrian lord—warrior by instinct, Viking by nature—has finally settled down. He has land, a wife and two children, and a duty given to him by King Alfred to hold the frontier on the Thames. But then trouble stirs: a dead man has risen, and new Vikings have arrived to occupy the decayed Roman city of London. Their dream is to conquer Wessex, and to do it they need Uhtred’s help. Alfred has other ideas. He wants Uhtred to expel the Viking raiders from London. Uhtred must weigh his oath to the king against the dangerous turning tide of shifting allegiances and deadly power struggles. And other storm clouds are gathering: Alfred’s daughter is newly married, but by a cruel twist of fate, her very existence now threatens Alfred’s kingdom. It is Uhtred—half Saxon, half Dane—whose uncertain loyalties must now decide England’s future. *Sword Song* is Cornwell’s finest work yet—vivid with period detail, this breathtaking adventure thoroughly reimagines one of the most fascinating tales in all of history—the birth of England—and breathes life into the brilliant king who made it possible: Alfred the Great.

YOU are Robin Hood, outlaw of Sherwood Forest. The Sheriff of Nottingham has captured Maid Marian. You'll need all your skills to rescue her, and stay out of prison ... This is a choose-your-own-destiny adventure where YOU are the hero. This is a title in the interactive I HERO Legends series - where the reader plays the part of a legendary hero! In each adventure the reader makes a choice that affects how the story progresses - it really is 'decide-your-own-destiny! Written by the award-winning duo Steve Barlow and Steve Skidmore (more commonly

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known as the 2Steves), and illustrated by Andrew "2Hands" Tunney. Age appropriate for 6 to 8 year olds and more sensitive readers. Also suitable for reluctant readers and less confident older readers. Printed using a font approved by the British Dyslexia Association.

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