

## How Societies Work Class Power And Change In A Canadian Context

Examining in detail the apparently inexorable polarization of society in such countries as Rwanda, Algeria, and South Africa, the author questions whether current theories correctly explain the past or offer adequate guides for the future. In their place he puts forward an alternative neo-Durkheimian view of the possibility of non-violent revolutionary change, based on the development of such social and cultural continuities as already exist within each plural society. But he warns that "this is an age of passionate commitment to violence in which vicarious killers abound in search of a Vietnam of their own." The aim of this groundbreaking and challenging book is to create theoretical perspectives in which to view the racial conflict of plural societies. Written in the turbulent early 1970s, the book demonstrates the inadequacy of then prevailing views such as Marxist interpretations of racial conflict as class struggle, and the Fanon a priori rejection of non-violent techniques of change, which Kuper holds responsible for the acceptance of what he calls "the platitudes of violence." The book concludes with more personal sections focusing on the author's struggles with the then prevailing South African society, critiques of that, and censorship of his attempts

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to make these public. In the light of subsequent changes in South Africa many decades later, this book serves not only as an important work of political sociology but as a personal testament to the fight against racism in South Africa. Leo Kuper was professor of sociology and director of the African Studies Center at the University of California, Los Angeles. A South African by birth, he was one of the first writers on genocide as well as other aspects of African studies and urban sociology. His major book, *Genocide* (Penguin, 1981), remains in print. The Leo Kuper Foundation is a non-governmental organization dedicated to the eradication of genocide through research, advice, and education. It was created in Washington, DC in 1994 following the death of Leo Kuper, with the aim of improving measures to prevent genocide. The main area of work for the past five years has been in support of the creation of an International Criminal Court. Troy Duster is director at the Institute for the History of the Production of Knowledge, New York University.

" ... Structure of capitalism, the nature and history of social class, and the role of the state [government]. Attention is also paid to social inequality in Canadian society as manifest in income, race, ethnicity, and gender, as well as to the ways in which the agents of socialization -- particularly the mass media and the education system -- help perpetuate the dominant ideologies."--Back cover.

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Sometime in the present, corporate tyranny reigns supreme. To stop this madness, what can one person do? What can anybody do? Impassioned environmental activist and nightclub saxophonist Michael Quinn, and his techie guru sidekick, Simon, the mischievous circus clown, believe they, and the ubiquitous Wasteful Management team, have the answer for one day... several multinational corporation chief executive officers (CEOs), infamously renowned for their egregious actions, are mysteriously disappearing across the globe. They are "removed" from society in ways that illustrate poetic justice, as exemplified by the CEO of big agribusiness Tyrannex Inc. who is trampled by a giant GMO tomato in a remote part of India. Michael and Simon realize their window of opportunity is narrow, as Harry Potter and Bilbo's nemeses pale in comparison to real life's Multinational CEO sociopaths, whom Michael and Simon must overcome to save the day and the planet! Jim Hightower says, "Wasteful Management is a refreshing combination of intrigue, humor, camp and serious politics, fusing the gravitas of a Noam Chomsky or a Bill Moyer with the edgy, stinging social commentary of a Jon Stewart or a Stephen Colbert, into a satirical mystery romp." Are you ready for the challenge? Bring your popcorn and come prepared to "boo, hiss" the villain and "cheer!" for the hero; sit back, and enjoy the ride!

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In this Second Edition of this radical social history of America from Columbus to the present, Howard Zinn includes substantial coverage of the Carter, Reagan and Bush years and an Afterword on the Clinton presidency. Its commitment and vigorous style mean it will be compelling reading for under-graduate and post-graduate students and scholars in American social history and American studies, as well as the general reader.

The author presents his perspectives and personal experiences on mentalism and how it can be used to tap into the mind's hidden powers.

"The Society of the Spectacle" by Guy Debord (translated by Ken Knabb).

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How Societies Work Class, Power, and Change in a Canadian Context Irwin Publishing

This book offers for consideration an integrated social economic structure and technical

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solution capable of ending the predatory evolution of our species. This book also explains the primary factor responsible for the most preventable suffering and death throughout the evolutionary development of our species and how to correct this dysfunction at its source. It also describes how our species is undergoing a natural evolutionary transition from creatures still under the control of our predatory instincts into enlightened beings capable of creating technically advanced societies free of social economic competition for survival. This book explains how subjective realities are induced as a powerful form of psychological manipulation and used to control the working class populations for thousands of years. It also describes how the effects of artificial selection have altered the intellectual evolutionary development of our species to make our systematic exploitation under capitalism seem like an acceptable social economic system. The integrated solution in this book describes the creation of an automated community infrastructure capable of supporting a self-replicating technically advanced predator free society. The solution also offers exponential growth of a global network allowing more families to end their predatory competition for survival and start helping others wanting to make the transition.

Necromancy is not a study for the weak at heart, mind or soul. It is a study for those who desire true mastery over life and death... It is true power - the power to overcome death itself, to grant one's self immortality and to raise armies of untiring, unflinching and unwavering soldiers who unquestioningly obey your every command... It is the

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seductive whispers of shadows, the chilling breath of a wraith and the wet bloody kiss of a Mohrg... I can teach you the secrets of necromancy. I can make you immortal. I can show you the paths to power. But it will cost you... For there is always a price to pay... Servants of Shadow is the latest in our series of racial guidebooks. We bring you five new necromancy-themed character race options to fill that dark hole in your hearts. Within are three new races, three templates, new archetypes and prestige classes, dozens of feats, traits and magic. Everything you need to resurrect your campaign and necromantic character options!

William Golding's unforgettable classic of boyhood adventure and the savagery of humanity comes to Penguin Classics in a stunning Graphic Deluxe Edition with a new foreword by Lois Lowry As provocative today as when it was first published in 1954, Lord of the Flies continues to ignite passionate debate with its startling, brutal portrait of human nature. William Golding's compelling story about a group of very ordinary boys marooned on a coral island has been labeled a parable, an allegory, a myth, a morality tale, a parody, a political treatise, and even a vision of the apocalypse. But above all, it has earned its place as one of the indisputable classics of the twentieth century for readers of any age. This Penguin Classics Graphic Deluxe Edition features an array of special features to supplement the novel, including a foreword by Lois Lowry, an introduction by Stephen King, an essay by E. M. Forster, an essay on teaching and reading the novel and suggestions for further exploration by scholar Jennifer Buehler,

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and an extended note by E. L. Epstein, the publisher of the first American paperback edition of *Lord of the Flies*. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

Mansourou comes out of the gate firing and does not relent in this criticism of religious notions and influence. Rather than refer to religion in general terms or acts in the name of religion, Mansourou attacks religious undertones and what is not often looked at in religious subtext along with modern religious theology for their shallow and vacant themes in today's complex society.

In this brilliant work, the most influential philosopher since Sartre suggests that such vaunted reforms as the abolition of torture and the emergence of the modern penitentiary have merely shifted the focus of punishment from the prisoner's body to his soul.

Offering a unique introduction to the analysis of contemporary Canadian society, this in-depth study focuses on both the roots of modern civilizations and the current political economy of Canada. Drawing on various sociological theories as well as anthropology, genetics, economics, history, philosophy, politics, and social psychology, this

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accessible and integrated book helps undergraduate students make sense of a complex social world. Allowing students to open their minds to the “sociological imagination” by connecting the world to their own lived experiences, this revised edition includes several new topics, reorganized chapters, and student-friendly language. Many political parties base their political action and election program on an ideology. In social studies, a political ideology is a certain ethical set of ideals, principles, doctrines, myths or symbols of a social movement, institution, class, and/or large group that explains how society should work, and offers some political and cultural blueprint for a certain social order. A political ideology largely concerns itself with how to allocate power and to what ends it should be used. Some parties follow a certain ideology very closely, while others may take broad inspiration from a group of related ideologies without specifically embracing any one of them. The popularity of an ideology is in part due to the influence of moral entrepreneurs, who sometimes act in their own interests. Political ideologies have two dimensions: 1. Goals: How society should be organized. 2. Methods: The most appropriate way to achieve this goal. An ideology is a collection of ideas. Typically, each ideology contains certain ideas on what it considers to be the best form of government (e.g. democracy, autocracy, etc.), and the best economic system (e.g. capitalism, socialism, etc.). Sometimes the same word is used to identify both an ideology and one of its main ideas. For instance, "socialism" may refer to an economic system, or it may refer to an ideology which supports that economic system.

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Political ideology is a term fraught with problems, having been called "the most elusive concept in the whole of social science"; however, ideologies tend to identify themselves by their position on the political spectrum (such as the left, the center or the right), though this is very often controversial. Finally, ideologies can be distinguished from political strategies (e.g. populism) and from single issues that a party may be built around (e.g. opposition to European integration or the legalization of marijuana). This book attempts to divide the ideologies found in practical political life into a number of groups; each group contains ideologies that are related to each other. The names do not necessarily imply some hierarchical order or that one ideology evolved out of the other. They are merely noting the fact that the ideologies in question are practically, historically and ideologically related to each other. One ideology can belong to several groups, and there is sometimes considerable overlap between related ideologies. Also, keep in mind that the meaning of a political label can differ between countries and that parties often subscribe to a combination of ideologies. This book gives an overview of the many ideologies that form the backbone of the many types of political systems that exist. Also read the companion volume "The Many Forms of Government" at: <https://www.createspace.com/6057437> This book is designed to be a general overview of the topic and provide you with the structured knowledge to familiarize yourself with the topic at the most affordable price possible. The level of discussion is that of Wikipedia. The accuracy and knowledge is of an international viewpoint as the edited articles represent

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the inputs of many knowledgeable individuals and some of the most currently available general knowledge on the topic based on the date of publication.

Mind Your Thoughts is a book that will help you quiet and focus your thoughts so you speak directly to your unconscious state of being in a language the mind understands. Meditation is nothing more than relaxation, and in a meditative state, your conscious can relax and allow you to speak directly to the unconscious. The unconscious is in charge of your life, even though you allow your conscious to be in control. If you want to experience change in your life, you need to learn to bypass the conscious control which can be described as critical, analytical, and most of all judgmental. Meditating through relaxation is how you reprogram your unconscious with new concepts and information. The unconscious learns by applying this information against the storage of all your memories, experiences, reactions, and emotions. Also, the unconscious is much more accepting of change because it processes information without judgment. You will see both mental and physical changes resulting from this process. Practice with the thoughts in this book; your unconscious will understand even if your conscious seems confused. Mind your thoughts and experience a human metamorphosis from the inside out. The purpose of meditation is to quiet the mind. Meditation removes the clutter of thoughts from everyday life, and also helps you to get in touch with your higher consciousness. It does take practice, so do not become discouraged. Set aside 45 minutes each evening before you go to sleep. Sit in a quiet room, in a comfortable and relaxed position wearing loose clothing. Close your eyes and take a deep breath in through your nose and let it out slowly through your mouth. With each breath in, clear your mind of all thoughts, and feel your body relax. Repeat this 9 times before beginning. This book contains 81 thoughts for you to meditate

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on. There are 9 sets of 9 thoughts each. Start with Set One and allow 5 minutes of meditation for each thought. After your initial warm up of 9 deep breaths, read the first thought of the first set. Close your eyes and continue your deep breathing as you reflect on the thought and what it may mean to you and your life. Think of nothing else. Repeat this with each thought until you complete Set One. It will take you at least 9 evenings to get through all of the sets in the book. You may want to repeat a set over and over again before moving on to the next set.

Eventually, you will have your favorite thoughts that you will want to dedicate your meditations on. Most people enjoy thoughts of wisdom, but rarely take the time to internalize them enough to be life changing. Practice mindfulness in life and create ripples that will forever change your life. This is not an instructional book on the art of meditation.

Customized for the Salem Volcanoes(Minor League Team in Salem Oregon)This book gets rid of all the myths and misunderstandings of the baseball swing. For the first time in 120 years of baseball, we now fully understand the swing from a precise analytical perspective - - and here it is!There are two books: Book 1 (this book) is the stand-alone manual written specifically (in baseball language) for fans, ballplayers, and coaches of all levels, including Little League coaches and their dads. It carefully walks you through the swing telling you what is happening, how, and why. It's unlike anything you have ever seen in the baseball literature. You'll be amazed. For FANS, certain chapters are written specifically for you, so you (1) know what to watch for during a game; (2) how to classify batters into different styles; and (3) the final chapter describes the styles of different Home Run Kings from Babe Ruth to Barry Bonds. You'll learn lots and enjoy the game that much more.Book 2 is Technical Supplements, which are referenced in Book 1, with lots of graphs and tables - - based on our computer model

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which exactly matches the swing. Book 2 is for coaches, trainers, weight trainers, as well as teachers and students of the swing. Perfect for a college course!

Emile Durkheim is often referred to as the father of sociology. Along with Karl Marx and Max Weber he was a principal architect of modern social science and whose contribution helped established it as an academic discipline. "The Division of Labor in Society", published in 1893, was his first major contribution to the field and arguably one his most important. In this work Durkheim discusses the construction of social order in modern societies, which he argues arises out of two essential forms of solidarity, mechanical and organic. Durkheim further examines how this social order has changed over time from more primitive societies to advanced industrial ones. Unlike Marx, Durkheim does not argue that class conflict is inherent to the modern capitalistic society. The division of labor is an essential component to the practice of the modern capitalistic system due to the increased economic efficiency that can arise out of specialization; however Durkheim acknowledges that increased specialization does not serve all interests equally well. This important and foundational work is a must read for all students of sociology and economic philosophy. Presented here is the translation of George Simpson. This edition is printed on premium acid-free paper.

The Pinnacle of Power, first book in the Keeper of the Balance Trilogy, combines all of the classic elements of epic fantasy and sci-fi with a little touch of political intrigue mystery, suspense, espionage and romance.

"It does not take a majority to prevail... but rather an irate, tireless minority, keen on setting brushfires of freedom in the minds of men." Samuel Adams" In 2115, New England society is thriving a century after a worldwide economic and societal collapse. There are no borders, no

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states, and no coercive regulations, yet never has a more peaceful and prosperous place existed on earth. But there is unrest in this apparent paradise. Mr. Drake's third generation security company has seen better days, and his arbiter friend Mr. Barry is under investigation by Business Ethics Review for allegedly taking a bribe. Faced with the prospect of a crumbling business, and waning power, the two devise a plan to reform society to their liking. Mr. Drake and Mr. Barry intend to replace the anarchy of New England, with... a government! However, intrepid reporter Molly Metis, won't be intimidated by the pair. Despite attempts to stop her, she continues to dig deeper into recent events surrounding Drake and Barry. She is sure she can expose the dark plot, but will anyone listen? Will they care? And what will be the cost?

More than three decades after its first publication, Edward Said's groundbreaking critique of the West's historical, cultural, and political perceptions of the East has become a modern classic. In this wide-ranging, intellectually vigorous study, Said traces the origins of "orientalism" to the centuries-long period during which Europe dominated the Middle and Near East and, from its position of power, defined "the orient" simply as "other than" the occident. This entrenched view continues to dominate western ideas and, because it does not allow the East to represent itself, prevents true understanding. Essential, and still eye-opening, *Orientalism* remains one of the most important books written about our divided world.

One of the most important texts of modern times, Herbert Marcuse's analysis and image of a one-dimensional man in a one-dimensional society has shaped many young radicals' way of seeing and experiencing life. Published in 1964, it fast became an ideological bible for the emergent New Left. As Douglas Kellner notes in his introduction, Marcuse's greatest work was a 'damning indictment of contemporary Western societies, capitalist and communist.' Yet it also

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expressed the hopes of a radical philosopher that human freedom and happiness could be greatly expanded beyond the regimented thought and behaviour prevalent in established society. For those who held the reigns of power Marcuse's call to arms threatened civilization to its very core. For many others however, it represented a freedom hitherto unimaginable. First published in 1975. How do men come to perceive and evaluate a world in which marked inequalities of class and status exist? This book considers the nature of class images and their underlying work and community structures. Beginning with the argument that the perception of society varies according to type of work and community milieu, it first considers the social imagery of working-class professions and their sources of variation, and then examines some of the methodological problems of the study of class imagery. The nature of proletarian traditionalism and radicalism in then contemporary Britain is discussed in conclusion. This title will be of interest to students of sociology. This comprehensive introduction to social work integrates perspectives from English, French, and Indigenous peoples in Canada to provide an inclusive treatment of the history, foundational skills, and specific fields of social work practice and research. Part I begins with an exploration of the origins and foundational concepts of social work in Canada, including how Indigenous, French, and English traditions have shaped and informed social work practice in

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Canada. The text then discusses theoretical approaches, and the values and ethics at the core of professional practice. Part II examines foundational skills for social workers through a focus on working with individuals and families, and groups and communities. Part III explores specific fields of social work practice and research, with chapters focused on the health field and on working with children, Indigenous peoples, persons with disabilities, immigrants and refugees, the LGBTQ community, aging populations, and international social work. With an emphasis on diversity and drawing extensively on Canadian statistics and scholarship, this is an ideal text for introduction to social work courses. This updated, new edition features a substantially revised and expanded chapter on Indigenous Peoples and Social Work.

An award-winning professor of economics at MIT and a Harvard University political scientist and economist evaluate the reasons that some nations are poor while others succeed, outlining provocative perspectives that support theories about the importance of institutions.

This collection of new essays re-examines and evaluates central themes in the work of Ralph Miliband, a leading contributor to Marxist political theory in twentieth century. It provides an essential reference point for research within the Marxist tradition, and a valuable resource for students on a range of courses in

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political and social theory.

Meet TAMSIN - a foundling - powerful, ingenuous and fearless - a girl who can do the impossible. Who is she? Why are sinister and powerful people after her? This exciting novel introduces a new heroine who will steal your heart and have you fighting at her side. Set mainly in the rugged beauty of New Zealand, Tamsin's story opens a door through which we glimpse a hidden evil in our own world. But where does the real power in this struggle lie? TAMSIN's story with its paranormal elements will hold you spellbound and take you on an incredible ride through situations, relationships and places that will leave you gasping for more. Look out for book 2 - TAMSIN Waking Fire

Otto Klein is a young man living in Singen, Germany at the start of World War II. His life-long ambition is to be a train engineer. After passing his examinations for the Railroad Institute, Otto is accepted into the school. His father, the chief of the Singen fire department, believes that Otto will follow in his footsteps and become a fireman. Otto chooses instead to follow his dream of becoming an engineer and in the process, ignites the anger of his father. Just before leaving Singen he meets Drina, a gypsy whose prophecy of marriage and children shakes him to his very core. After leaving Singen, Otto embarks on a career of improbable travels and dangerous missions that carry him closer and closer to the fulfillment of

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Drina's prophecy. Engine 81 is a story of family bonds ripped apart by pride and anger and the redemption of those bonds in the face of near certain death. Climate change presents perhaps the most profound challenge ever confronted by human society. This volume is a definitive analysis drawing on the best thinking on questions of how climate change affects human systems, and how societies can, do, and should respond. Key topics covered include the history of the issues, social and political reception of climate science, the denial of that science by individuals and organized interests, the nature of the social disruptions caused by climate change, the economics of those disruptions and possible responses to them, questions of human security and social justice, obligations to future generations, policy instruments for reducing greenhouse gas emissions, and governance at local, regional, national, international, and global levels.

Life is indeed a game that we all play to pass time; simply a series of days strung together, made up of how you planned or decided to spend the moments. Like any game how well it is played or whether life's circumstances are interpreted accurately, then used to the best advantage, makes losers and winners to varying degrees. Senseless insanity is alive and well within the world. The world is awash with unruly forces, that if not intent upon harming you do desire to become a destabilising force, either temporarily or over the long term. We are all participants in a charade, how life evolves and turns out all depend on how well the game is

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played. It is not wise or ideal to treat life like a game of chance, a random roll of the dice that can determine unpredictable outcomes. The cost of success is the careful application of well thought out concepts and ideas. Like any game preparation is critical; understanding the rules, knowing how to manipulate the dynamics at play efficiently to ones own advantage, understanding the intricacies of the rules and how to capitalise upon or create opportunities, pursuing whatever circumstances are present to maximise whatever potential exists to the best advantage. The potential opportunities in life are only limited by the inability to firstly comprehend them and secondly to fully utilise personal abilities to maximise the potential that is available. Don't wait for special times to evolve, rather create them in accordance with your true desires to experience what you wish to make real. Much like any game, the game of life has things that can be obtained, or things that can be lost. How the game is played, the value of the stakes, the opposing factions all come to dictate an outcome, be that favourable or lacking any resemblance of being lucky. A life lived based upon any reliance on luck or fate being favourable is tempting only to the over optimistic, or those extremely lucky ones or who were fortunate in the past and believe that good fortune will continue in the future. While it takes resources to control the world, the control of your own specific world environment is really within your potential to achieve. How you choose to control your world, as well as to what extent your desires are put into action, determine whether your life will meet your wishes or not. The amount of thought and energy you exhort, the persistence of that effort, all comes to determine whether and to what degree what you want is what you actually get. In life you may win or loose at times, it's basically just like playing a game; the right mentality is chancing the wheel of life by trusting and ensuring you will win just the same.

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Introduction to Sociology 2e adheres to the scope and sequence of a typical, one-semester introductory sociology course. It offers comprehensive coverage of core concepts, foundational scholars, and emerging theories, which are supported by a wealth of engaging learning materials. The textbook presents detailed section reviews with rich questions, discussions that help students apply their knowledge, and features that draw learners into the discipline in meaningful ways. The second edition retains the book's conceptual organization, aligning to most courses, and has been significantly updated to reflect the latest research and provide examples most relevant to today's students. In order to help instructors transition to the revised version, the 2e changes are described within the preface. The images in this textbook are grayscale. Authors include: Heather Griffiths, Nathan Keirns, Eric Strayer, Susan Cody-Rydzewski, Gail Scaramuzzo, Tommy Sadler, Sally Vyain, Jeff Bry, Faye Jones

There is an art to studying. Anyone one can "study," but few truly learn the art. Drew Case's insightful new guide to academic achievement, *The Keys to Success*, provides the tools you need for a lifetime of accomplishment. The author's fifteen years of classroom instruction have helped shape this handbook into a fun and easy-to-read compilation that teaches the skills required for successful learning, studying, and test taking. Over the past decade and a half, the strategies laid out in *The Keys to Success* have been shown to help all types of students achieve their maximum potential time and time again. The lessons learned, however, don't simply apply to college students. Instead, anyone wishing to acquire and apply new skills can benefit from Case's expertise. Originally conceived as a short addendum to the syllabi in his college science and nursing classes, Case quickly realized just how much most students needed a no-nonsense guide to academic achievement. As a result, he modified his original

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materials that resulted in the comprehensive book that is *The Keys to Success*. So whether one is a K-12 or college student, acquiring new job skills, or even a member of the military, the potential knowledge this educative guide offers is endless. Case travels around the state presenting to various K-12 schools and colleges. Case is available for speaking and presentations. Please contact him at [drew.case@doane.edu](mailto:drew.case@doane.edu) for more information.

Comments/Reviews While reading your book, I found myself reflecting on my college years and my laborious study methods. I wish I had read your book back then! -Bill, CreateSpace Editor This book has been a huge help to me as a high school student. I recently took an ACT preparation class and most everything covered in the class was covered in this book. It taught me how to get through tests quickly, but very efficiently and systematically. It has also taught me different methods for studying and I have found these tips very helpful. I highly recommend this book. - Isabel, High School Student Something's just need a refresher. This book provides all that and more!!! I would highly recommend this to anybody embarking on furthering their educational goals. - College Staff I think the book is great! I love the common sense approach in a day when "common sense" is rare. Your layout is clean and fresh. There is a nice flow. I found **THE KEYS TO SUCCESS** to be caring, upfront and a GPS to success. - College Bookstore Manager Coming back to school after many years of raising a family and having a career I felt so rusty and lost. This book literally saved my grade. If you have concerns about how to study and do well in college, this book is a **MUST!** Thanks Mr. Case - Angie, College Student I had Mr. Case for my pharmacology class and he gave us a copy of the unprinted book to see if we liked it. **LOVED IT!!!!** Seriously, I don't know how I could have passed this class without it. Why didn't you have this book available when I took your anatomy class? -

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Sam, College Student

Extensively revised, the second edition of *The New Class Society* includes innovative new sections and concepts throughout the book that identify and explore how complex organizational structures and actions create and perpetuate class, gender, and racial inequalities. The authors describe how 'inequality scripts' shape the hiring and promotion practices of organizations in ways that provide differential opportunities to people based on class, gender, and racial memberships. The authors also illustrate how privileged class members benefit from organizationally-based and perpetuated forms of inequality. The second edition retains its provocative argument for of an emerging 'double-diamond' social structure and its focus on class interests that are rapidly polarizing American society. New figures, tables, and references incorporate the latest information and research findings to document and illustrate key topics, such as the distribution of wealth and income, globalization, downsizing, contingent labor, the role of money in politics, media content and consolidation, the transformation of education, and the erosion of democracy. The second edition combines scholarship with an engaging style and flashes of comic relief-with several cartoons by some of the best satirists today. The book, accessibly written for undergraduate students, has been widely adopted in courses on stratification, economic sociology, and American society. Laid out with an introduction all about unleashing the power within....Self discipline, the book goes into short obtainable steps in a day by day fashion to help you focus, commit and achieve in only 1 month!What is self-discipline? What does it mean to lack it? Why do you think you're not as disciplined as you would like? Is it becauseYou manage your time poorly?You lack organizational skills?You lack motivation?Procrastination is your greatest enemy?You're just

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too lazy? What many people don't realize is that all of these issues, which they see as causes of poor self-discipline, are actually symptoms. Are you confronting one or more of them? If you're contemplating purchasing the book, then you've decided it's time for a change of significant proportions, a change that might take only 30 days to implement, but that will last you for a lifetime. Your conviction is admirable, but to undergo such a change, you must first understand what self-discipline is and what it is not. Self-discipline is not: A personality trait that some people have and others don't. Using willpower to force yourself into action. On the contrary, self-discipline is: A skill that anyone can learn and train. becoming aware of your conscious or subconscious resistance to action and using different techniques to overcome, but not to crush that resistance. As you go through this life-changing 30 days challenge, remember that what you are doing is exercising your willpower muscle for the long run. Good luck!

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