

Who Ate My Cheese

The essential primer and guide to preparing delicious, totally vegan, nut-based cheeses, from the coauthor of *The Plantpower Way*. In their debut cookbook, *The Plantpower Way*, Julie Piatt and her ultra-endurance athlete husband, Rich Roll, inspired thousands to embrace a plant-fueled lifestyle, and through their advocacy efforts, podcasts, and talks, countless people are now enjoying healthier and more vibrant lives. In *This Cheese Is Nuts*, Julie is bringing that message to the forefront once more, with a stunning collection of flavorful nut-based cheeses. Julie has always been known for her dairy-free cheeses, and here she shares seventy-five recipes using almonds, cashews, and other nuts to create cheeses anyone can make right at home. Nut-based cheeses are on the cutting edge in the world of vegan cuisine. They're remarkably simple to prepare (all you need are a few simple ingredients and a basic dehydrator), and in as little as twenty minutes, you can have an assortment of tasty fresh cheeses fit for any occasion. Even creating aged cheeses is easy—they require only a day or two in the dehydrator, so making “fancier” cheeses, like Aged Almond Cheddar, is an almost entirely hands-off process. And though they're delectable on their own, Julie's nut-based cheeses are a terrific component in her recipes for Raw Beet Ravioli with Cashew Truffle Cream, Country Veggie Lasagna with Fennel and Brazil Nut Pesto, French Onion Soup with Cashew Camembert, and more. Filled with the essential tips, tools, and mouth-watering recipes home cooks need to immerse themselves in the world of nut-based cheese-making, *This Cheese Is Nuts* will demonstrate why nut cheeses should be part of any healthy, sustainable diet.

When a bombing wrecks a hotel, kills a housekeeper, and threatens to destroy the Great Food Expo, Qwilleran and his feline sleuths, Koko and Yum Yum, embark on a culinary quest to find a killer

Four little friends in a maze find and enjoy some cheese, but when the cheese is gone, only Sniff and Scurry adapt and go searching for more while Hem and Haw wait for more cheese to appear. Includes a note to parents and discussion questions.

NEW YORK TIMES BESTSELLER • From one half of the cult comedy duo Tim & Eric comes the culinary bible for modern food freaks, showing you how to throw epic parties, suck the marrow out of life, and cook better than your grandmother. “A book with all the recipes to Wareheim’s insanely delicious secret sauces? And a sneak peek at the man behind the curtain?? I’ll take two please . . . extra crispy!!!”—Jack Black Director and actor Eric Wareheim might be known for his comedy, but his passion for food and drink is no joke. For the last fifteen years he has been traveling the world in search of the best bites and sips, learning from top chefs and wine professionals along the way. His devotion to beautiful natural wine, the freshest seafood crudos, and perfectly cooked rib-eyes is legit. And now he wants to share with you everything he’s learned on this epic food journey. In *Foodheim*, Wareheim takes readers deep into his foodscape with chapters on topics like circle foods (burgers, tacos), grandma foods (pasta, meatballs), and juicy foods (steak, ribs). Alongside recipes for Chicken Parm with Nonna Sauce, Personal Pan Pep Pep, and Crudite Extreme with Dill Dippers, you will discover which eight cocktail recipes you should know by heart, how to saber a bottle of bubbly, and what you need to do to achieve handmade pasta perfection at home. Written with award-winning cookbook editor Emily Timberlake and featuring eye-popping photographs and art chronicling Wareheim's evolution as a drinker, how to baby your pizza dough into pie perfection, and more, *Foodheim* is the ultimate book for anyone who lives to eat. Praise for *Foodheim* “We are all searching for greatness, and Eric is what we are searching for in ourselves. Through his searching we don’t need to search: we have found. Eric is my Martha Stewart, my mother. He’s the maître d, the Emeril Lagasse, the Andre Agassi, the Dennis Rodman. He’s true love

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and commitment to the craft of the food. He is food.”—Matty Matheson “Eric has written an instant classic that will command prime real estate in every young culinary enthusiast’s kitchen. People will say about Foodheim what past generations have said about Joy of Cooking, ‘This book taught me how to cook.’ If this book existed as a resource for me when I was making my bones, I would surely be more successful today. Hail, Foodheim!”—Kris Yenbamroong, chef and owner of NIGHT + MARKET

A vampire has been sucking everyone’s homework dry in this thirteenth creepy adventure in the Desmond Cole Ghost Patrol series! Kersville Elementary School has a problem: there’s a very hungry vampire on the loose! But this creature doesn’t thirst for blood. Instead, he’s been eating the students’ homework! Can Desmond Cole stop the monster from turning everyone’s work into food for thought? With easy-to-read language and illustrations on almost every page, the Desmond Cole Ghost Patrol chapter books are perfect for emerging readers.

From the author of *Away with Words*, a deeply hilarious and unexpectedly insightful deep-dive into a cultural and culinary phenomenon: cheese. “Who knew it was possible to enjoy reading about cheese as much as eating it? Remarkably entertaining, deeply insightful, and downright hilarious, *American Cheese* goes far beyond the plastic yellow slices we all know, and some love, revealing a community as quirky, passionate, and creative as the cheese they put into the world.” — Jim Gaffigan, comedian/actor and New York Times bestselling author of *Food: A Love Story* Joe Berkowitz loves cheese. Or at least he thought he did. After stumbling upon an artisanal tasting at an upscale cheese shop one Valentine’s Day, he realized he’d hardly even scratched the surface. These cheeses were like nothing he had ever tasted—a visceral drug-punch that reverberated deliciousness—and they were from America. He felt like he was being let in a great cosmic secret, and instantly he was in love. This discovery inspired Joe to embark on the cheese adventure of a lifetime, spending a year exploring the subculture around cheese, from its trenches to its command centers. He dove headfirst into the world of artisan cheese; of premiere makers and mongers, cave-dwelling affineurs, dairy scientists, and restaurateurs. The journey would take him around the world, from the underground cheese caves in Paris to the mountains of Gruyere, leaving no curd unturned, all the while cultivating an appreciation for cheese and its place in society. Joe’s journey from amateur to aficionado eventually comes to mirror the rise of American cheese on the world stage. As he embeds with Team USA at an international mongering competition and makes cheese in the experimental vats at the Dairy Research Center in Wisconsin, one of the makers he meets along the way gears up to make America’s biggest splash ever at the World Cheese Awards. Through this odyssey of cheese, an unexpected culture of passionate cheesemakers is revealed, along with the extraordinary impact of one delicious dairy product.

Before there was Lois Lowry’s *The Giver* or M. T. Anderson’s *Feed*, there was Robert Cormier’s *I Am the Cheese*, a subversive classic that broke new ground for YA literature. A boy’s search for his father becomes a desperate journey to unlock a secret past. But the past must not be remembered if the boy is to survive. As he searches for the truth that hovers at the edge of his mind, the boy—and readers—arrive at a shattering conclusion. “An absorbing, even brilliant job. The book is assembled in mosaic fashion: a tiny chip here, a chip there. . . . Everything is related to something else; everything builds and builds to a fearsome climax. . . . [Cormier] has the knack of making horror out of the ordinary, as the masters of suspense know how to do.”—The New York Times Book Review “A horrifying tale of government corruption, espionage, and counter espionage told by an innocent young victim. . . . The buildup of suspense is terrific.”—School Library Journal, starred review An ALA Notable Children’s Book A School Library Journal Best Book of the Year A Horn Book Fanfare A Library of Congress Children’s Book of the Year A Colorado Blue Spruce Young Adult Book Award Nominee

Provides an overview of what families around the world eat by featuring portraits of thirty families from twenty-four countries with a week's

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supply of food.

"A ghost ate my toast!" How would you like it if you woke up one morning and your breakfast had teeth marks in it? I certainly wouldn't like it, and neither did Daisy! Read along as the little lady tracks down the breakfast bandit and makes a new friend.

Patrick Elephant is scared of lots of things, like the dark and the fluff under the sofa. His daddy isn't scared of anything - except mice! So when a mouse posing as a cheese inspector tries to steal the elephants' cheese, Daddy is too terrified to stop him! Can little Patrick Elephant save the cheese - and his father? A hilarious new tale from Tim Warnes (Dangerous!, Monty and Milli - The Totally Amazing Magic Trick). The Great Cheese Robbery is the perfect book for kids dealing with phobias. Warnes' fresh and quirky illustrations and mischievous mice will captivate young readers. A fantastically funny story that parents won't mind reading again and again . . . and again!

An inspiring fable about hope, positivity, and living your best life, and a practical guide to answering the ultimate question: "So, what do you do?"

A fun and playful cookbook featuring retro, decadent, and kid-friendly mac-and-cheese recipes from the popular Oakland restaurant Homeroom. Macaroni and cheese is one of America's favorite comfort foods, beloved by kids and adults alike. But there's no need to rely on prefab mixes—all you need is a handful of kitchen staples, some tasty cheese, and a little insider advice courtesy of Homeroom restaurant. This perennially popular Oakland, California, eatery—with its entire menu devoted to mac and cheese—now shares its secrets for the best-ever mac recipes that will help you think outside the box! These inventive dishes offer something for everyone: nostalgic homestyle recipes like Tuna Mac, international varieties like Sriracha Mac, decadent delights like Truffle Mac, and even the logic-defying Vegan Mac. You'll also find recipes for quick veggie sides like Brussels Sprouts with Bacon and old-school desserts like frozen Peanut Butter Pie. With a basics section on perfecting mac sauce, choosing the best noodles, and customizing add-ins and toppings, plus an emphasis on quality ingredients and simple techniques, this fun, playful cookbook shows cheese-loving readers how to take this comfort-food staple to creative new heights.

From a Pulitzer Prize-winning investigative reporter at The New York Times comes the troubling story of the rise of the processed food industry -- and how it used salt, sugar, and fat to addict us. Salt Sugar Fat is a journey into the highly secretive world of the processed food giants, and the story of how they have deployed these three essential ingredients, over the past five decades, to dominate the North American diet. This is an eye-opening book that demonstrates how the makers of these foods have chosen, time and again, to double down on their efforts to increase consumption and profits, gambling that consumers and regulators would never figure them out. With meticulous original reporting, access to

confidential files and memos, and numerous sources from deep inside the industry, it shows how these companies have pushed ahead, despite their own misgivings (never aired publicly). Salt Sugar Fat is the story of how we got here, and it will hold the food giants accountable for the social costs that keep climbing even as some of the industry's own say, "Enough already."

A collection of poems, facts, statistics, and stories about unusual foods and eating habits both contemporary and historical.

THE #1 INTERNATIONAL BESTSELLER WITH OVER 28 MILLION COPIES IN PRINT! A timeless business classic, *Who Moved My Cheese?* uses a simple parable to reveal profound truths about dealing with change so that you can enjoy less stress and more success in your work and in your life. It would be all so easy if you had a map to the Maze. If the same old routines worked. If they'd just stop moving "The Cheese." But things keep changing... Most people are fearful of change, both personal and professional, because they don't have any control over how or when it happens to them. Since change happens either to the individual or by the individual, Dr. Spencer Johnson, the coauthor of the multimillion bestseller *The One Minute Manager*, uses a deceptively simple story to show that when it comes to living in a rapidly changing world, what matters most is your attitude. Exploring a simple way to take the fear and anxiety out of managing the future, *Who Moved My Cheese?* can help you discover how to anticipate, acknowledge, and accept change in order to have a positive impact on your job, your relationships, and every aspect of your life.

From lauded cheesemonger and creator of the popular blog *Cheese Sex Death*, a bible for everything you need to know about cheese For many people, the world of artisan cheese is an intriguing but intimidating place. There are so many strange smells, unusual textures, exotic names, and rules for serving. Where should a neophyte begin? From evangelist cheesemonger Erika Kubick, this comprehensive book guides readers to become confident connoisseurs and worshippers of Cheesus. A preacher of the curd word, Kubick provides the Ten Commandments of Cheese, which breaks down this complex world into simplified bites. A welcoming sanctuary devoted to making cheese a daily part of life and gatherings, this book explores the many different styles of cheese by type, profiling commonly found and affordable wedges as well as the more rare and refined of rinds. Kubick offers divine recipes that cover everything from everyday crowd pleasers (think mac and cheese and baked brie) to festive feasts fit for holidays and gatherings. This cheese devotee outlines the perfect cheese plate formula and offers inventive yet easy-to-execute beverage pairings, including wine, beer, spirits, and non-alcoholic drinks. These heavenly spreads and recipes wring maximum indulgence out of minimal effort and expense. Filled with seductive photography and audacious prose, *Cheese Sex Death* is a delightfully approachable guide to artisan cheese that will make just about anyone worship at the altar of Cheesus.

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With five hungry kids, a husband in the NFL, and her own insatiable appetite, Christy Denney has plenty of mouths to feed. Good thing she's created a full playbook of recipes that are guaranteed to get any crowd cheering. And now she's sharing it with you! From breakfast to dinner to dessert--and all the snacks and munchies--in between, you're sure to find something for everyone, like Jelly Roll Pancakes, Buffalo Chicken Pizza, Sweet and Sour Meatballs, One Hour Rolls, Cookie Crusted Chocolate Chip Cake. And, of course, Christy's famous Peanut Butter "Cheese Ball." This book is filled with family-friendly favorites from her popular blog and exclusive new recipes that will make your mouth water. The perfect cookbook for busy moms looking for simple, delicious, and easy dishes the whole family will love!

StoryPlay (TM) Books -- the best new way to engage with your little one during story time -- continues with four new stories! StoryPlay Books is the smart way to read and play together! StoryPlay Books offer fun ways to engage with little ones during story time and playtime with prompts and activities that everyone will love! Each quality story will delight readers while building early literacy skills for ages 3-5 by helping them develop: problem-solving abilities, reading comprehension, social development, pre-reading skills, memory strength and more! Each book includes story-related games and crafts to extend the reading experience. Teachers agree that StoryPlay Books are perfect for parents looking to stimulate and engage their kids at home while having fun together! Each book also shines a spotlight on important topics for this age. Maybe a Bear Ate It! -- a clever story about a missing book -- focuses on problem solving. Are you ready to start reading the StoryPlay way? Ready. Set. Smart!

Hold onto your spaghetti and meatballs! It's a mighty, mythical, mammal mystery! A poor kid's tasty spaghetti is history. A typical family meal this was not. Spaghetti and meatballs piping hot. You might say that is simple enough, but oh let me tell you, from there things got pretty rough. I don't want to spoil the surprise, all right? But you should heed my advice. Don't leave your favorite meal on a snowy day for a second. You may turn around to find your spaghetti sucked in by a legend. And what would you do then? Would you wrestle the beast over your tasty feast? Should that be the path that you choose, of course you would lose. So, then how would you say that a yeti's to blame without your whole family thinking that you've gone insane? Well, you'll just have to read it to find out! A Yeti Ate My Spaghetti is the first book in the Crazy Animal Capers series. Disclaimer: There are no actual capers in this crazy animal caper.

New York Times bestselling author Dr. Neal Barnard reveals the shocking truth about cheese--the dangerous addiction that is harming your health--and presents a radical program to lose weight and feel great. We've been told that dairy does a body good, but the truth is that cheese can be dangerous. Loaded with calories, fat, and cholesterol, cheese can make you gain weight and leads to a host of health problems like high blood pressure and arthritis. Worse, it contains mild opiates that make it addictive, triggering the same brain receptors as heroin and morphine. In *The Cheese Trap*, Dr. Neal

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Barnard presents a comprehensive program to help readers break free of their cheese addiction so they can lose weight, boost energy, and improve their overall health. This easy-to-follow diet features a treasury of healthy recipes that will tame even the toughest cravings—from pizza, to lasagna, to ice cream and cheesecake.

Frances is a fussy eater. In fact, the only thing she likes is bread and jam. She won't touch her squishy soft-boiled egg. She trades away her chicken-salad sandwich at lunch. She turns up her nose at boring veal cutlets. Unless Mother can come up with a plan, Frances just might go on eating bread and jam forever!

A trilogy sets sail with a novel that's "charming, light-hearted and funny . . . Feels a little like *The Hobbit* or *The Wind in the Willows*" (Fantasy Literature). James P. Blaylock's debut novel *The Elfin Ship* has become a classic of whimsical fantasy. With echoes of Kenneth Graham and Mark Twain, it's a gentle, eccentric, and hilarious novel that will delight readers of all ages. Trading with the elves used to be so simple. Every year Master Cheeser Jonathan Bing would send his very best cheeses downriver to traders who would eventually return with Elfin wonders for the people of Twombly Town. But no more . . . First, the trading post at Willowood Station was mysteriously destroyed. Then, a magical elfin airship began making forays overhead. Something was definitely amiss. So Jonathan set off downriver to deliver the cheeses himself, accompanied by the amazing Professor Wurzle, the irrepressible Dooly, and his faithful dog Ahab. It would have been such a pleasant trip, if not for the weeping skeleton, mad goblins, magic coins, an evil dwarf, a cloak of invisibility—and a watch that stopped time. If only the return trip were so simple. "Madcap's not a word heard much these days, but it's a great one to apply to the characters and their adventures in *The Elfin Ship*. From start to finish, Blaylock maintains a high level of inventive goofiness that never lets up. If you want about as great a break as possible from the brutalities and cynicism of much of today's fantasy, this book is it." —Black Gate

NEW YORK TIMES BESTSELLER • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR • Entertainment Weekly • Kirkus Reviews • The Christian Science Monitor In the picturesque village of Guzmán, Spain, in a cave dug into a hillside on the edge of town, an ancient door leads to a cramped limestone chamber known as "the telling room." Containing nothing but a wooden table and two benches, this is where villagers have gathered for centuries to share their stories and secrets—usually accompanied by copious amounts of wine. It was here, in the summer of 2000, that Michael Paterniti found himself listening to a larger-than-life Spanish cheesemaker named Ambrosio Molinos de las Heras as he spun an odd and compelling tale about a piece of cheese. An unusual piece of cheese. Made from an old family recipe, Ambrosio's cheese was reputed to be among the finest in the world, and was said to hold mystical qualities. Eating it, some claimed, conjured long-lost memories. But then, Ambrosio said, things had gone horribly wrong. . . . By the time the two men exited the telling room that evening, Paterniti was hooked. Soon he was fully embroiled in village life, relocating

his young family to Guzmán in order to chase the truth about this cheese and explore the fairy tale–like place where the villagers conversed with farm animals, lived by an ancient Castilian code of honor, and made their wine and food by hand, from the grapes growing on a nearby hill and the flocks of sheep floating over the Meseta. What Paterniti ultimately discovers there in the highlands of Castile is nothing like the idyllic slow-food fable he first imagined. Instead, he’s sucked into the heart of an unfolding mystery, a blood feud that includes accusations of betrayal and theft, death threats, and a murder plot. As the village begins to spill its long-held secrets, Paterniti finds himself implicated in the very story he is writing. Equal parts mystery and memoir, travelogue and history, *The Telling Room* is an astonishing work of literary nonfiction by one of our most accomplished storytellers. A moving exploration of happiness, friendship, and betrayal, *The Telling Room* introduces us to Ambrosio Molinos de las Heras, an unforgettable real-life literary hero, while also holding a mirror up to the world, fully alive to the power of stories that define and sustain us. Praise for *The Telling Room* “Captivating . . . Paterniti’s writing sings, whether he’s talking about how food activates memory, or the joys of watching his children grow.”—NPR

There's a sandwich thief in Mr. Venezi's pet shop, and everyone is a suspect, from the chinchillas to the goldfish. Never fear! The world's fluffiest detective on the case: Sasspants, PI(G). By day, Sasspants is your average book-loving, gizmo-inventing guinea pig. By night she solves pet shop mysteries with the help of her sidekick, Hamisher the hamster. Our furry little heroes will stop at nothing to find the sandwich thief! This is the first book in the Guinea PIG, Pet Shop Private Eye series.

If a hungry little traveler shows up at your house, you might want to give him a cookie. If you give him a cookie, he's going to ask for a glass of milk. He'll want to look in a mirror to make sure he doesn't have a milk mustache, and then he'll ask for a pair of scissors to give himself a trim.... The consequences of giving a cookie to this energetic mouse run the young host ragged, but young readers will come away smiling at the antics that tumble like dominoes through the pages of this delightful picture book. Follows the progress of a hungry caterpillar as he eats his way through a varied and very large quantity of food until, full at last, he forms a cocoon around himself and goes to sleep, only to emerge as a beautiful butterfly. Read by the author.

Challenges popular misconceptions about fats and nutrition science, revealing the distorted claims of nutrition studies while arguing that more dietary fat can lead to better health, wellness, and fitness.

Sam Kinney used to be a very picky eater. But after a friend’s eccentric Aunt Sylvie put a weird spice in his mac and cheese, suddenly, Sam can’t stop eating. Paste and pepper. Dishwashing soap. Even dog food. Sam has to find out what is making him eat...and eat...and eat. Before he eats his house. And all his friends on Fear Street...

You read the famous cheese book and digested its message. Perhaps it even moved you. Now here's your chance for a fresh perspective, an opportunity to understand cheese from the bottom up.

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Three anxious goats scramble to avoid being eaten by the legendary chupacabra, whose favorite food is not what they expect. From the #1 New York Times bestselling author of *Who Moved My Cheese?*, a brilliant new parable that shows readers how to stay calm and successful, even in the most challenging of environments. A young man lives unhappily in a valley. One day he meets an old man who lives on a mountain peak. At first the young man doesn't realize that he is talking to one of the most peaceful and successful people in the world. But in the course of further encounters and conversations, the young man comes to understand that he can apply the old man's remarkable principles and practical tools to his own life to change it for the better. Spencer Johnson knows how to tell a deceptively simple story that teaches deep lessons. *The One Minute Manager* (co-written with Ken Blanchard) sold 15 million copies and stayed on the New York Times bestseller list for more than twenty years. Since it was published a decade ago, *Who Moved My Cheese?* has sold more than 25 million copies. In fact there are more than 46 million copies of Spencer Johnson's books in print, in forty-seven languages—and with today's economic uncertainty, his new book could not be more relevant. Pithy, wise, and empowering, *Peaks and Valleys* is clearly destined to become another Spencer Johnson classic.

In the second tale of *The Wolf in Underpants*, winter has arrived and the whole forest is freezing! As animals stock up on nuts, bread, and cheese wheels, they notice the Wolf is in a frosty mood. Then smaller critters begin to disappear. Will fear grip the forest once again? Or is another lesson on the way?

In this astonishing story that “reads like a thriller and is so, so timely” (BuzzFeed) Ariana Neumann dives into the secrets of her father's past: “Like Anne Frank's diary, it offers a story that needs to be told and heard” (Booklist, starred review). In 1941, the first Neumann family member was taken by the Nazis, arrested in German-occupied Czechoslovakia for bathing in a stretch of river forbidden to Jews. He was transported to Auschwitz. Eighteen days later his prisoner number was entered into the morgue book. Of thirty-four Neumann family members, twenty-five were murdered by the Nazis. One of the survivors was Hans Neumann, who, to escape the German death net, traveled to Berlin and hid in plain sight under the Gestapo's eyes. What Hans experienced was so unspeakable that, when he built an industrial empire in Venezuela, he couldn't bring himself to talk about it. All his daughter Ariana knew was that something terrible had happened. When Hans died, he left Ariana a small box filled with letters, diary entries, and other memorabilia. Ten years later Ariana finally summoned the courage to have the letters translated, and she began reading. What she discovered launched her on a worldwide search that would deliver indelible portraits of a family loving, finding meaning, and trying to survive amid the worst that can be imagined. A “beautifully told story of personal discovery” (John le Carré), *When Time Stopped* is an unputdownable detective story and an epic family memoir, spanning nearly ninety years and crossing oceans. Neumann brings each relative to vivid life, and this “gripping, expertly researched narrative will inspire those looking to uncover their own family histories” (Publishers Weekly).

In this revelatory, authoritative portrait of Donald J. Trump and the toxic family that made him, Mary L. Trump, a trained clinical psychologist and Donald's only niece, shines a bright light on the dark history of their family in order to explain how her uncle became the man who now threatens the world's health, economic security, and social fabric. Mary Trump spent much of her childhood in her grandparents' large, imposing house in the heart of Queens, New York, where Donald and his four siblings grew up. She describes a nightmare of traumas, destructive relationships, and a tragic combination of neglect and abuse. She explains how specific events and general family patterns created the damaged man who currently occupies the Oval Office, including the strange and harmful relationship between Fred Trump and his two oldest sons, Fred Jr. and Donald. A firsthand witness to countless holiday meals and interactions, Mary brings an incisive wit and unexpected humor to sometimes grim, often confounding family events. She recounts in unsparing detail everything from her uncle Donald's place in the family spotlight and Ivana's penchant for regifting to her grandmother's frequent injuries and illnesses and the appalling way Donald, Fred Trump's favorite son, dismissed and derided him when he began to succumb to Alzheimer's. Numerous pundits, armchair psychologists, and journalists have sought to parse Donald J. Trump's lethal flaws. Mary L. Trump has the education, insight, and intimate familiarity needed to reveal what makes Donald, and the rest of her clan, tick. She alone can recount this fascinating, unnerving saga, not just because of her insider's perspective but also because she is the only Trump willing to tell the truth about one of the world's most powerful and dysfunctional families.

Julia Sarcone-Roach's delicious tale of a bear, lost in the city, who happens upon an unattended sandwich in the park. The bear's journey from forest to city and back home again is full of happy accidents, funny encounters, and sensory delights. The story is so engrossing, it's not until the very end that we begin to suspect this is a TALL tale.

'An optimistic, accessible way to start thinking about change' - Financial Times Who Moved My Cheese? offered millions of readers relief for an evergreen problem: unanticipated and unwelcome change. Now its long-awaited sequel digs deeper, to show how readers can adapt their beliefs and achieve better results in any field. Johnson's theme is that all of our accomplishments are due to our beliefs: whether we're confident or insecure, cynical or positive, open-minded or inflexible. But it's difficult to change your beliefs - and with them, your outcomes. Find out how Hem, Haw, and the other characters from Who Moved My Cheese? deal with this challenge.

By showing that kitchen skill, and not budget, is the key to great food, Good and Cheap will help you eat well—really well—on the strictest of budgets. Created for people who have to watch every dollar—but particularly those living on the U.S. food stamp allotment of \$4.00 a day—Good and Cheap is a cookbook filled with delicious, healthful recipes backed by ideas that will make everyone who uses it a better cook. From Spicy Pulled Pork to Barley Risotto with Peas, and from

Chorizo and White Bean Ragù to Vegetable Jambalaya, the more than 100 recipes maximize every ingredient and teach economical cooking methods. There are recipes for breakfasts, soups and salads, lunches, snacks, big batch meals—and even desserts, like crispy, gooey Caramelized Bananas. Plus there are tips on shopping smartly and the minimal equipment needed to cook successfully. And when you buy one, we give one! With every copy of Good and Cheap purchased, the publisher will donate a free copy to a person or family in need. Donated books will be distributed through food charities, nonprofits, and other organizations. You can feel proud that your purchase of this book supports the people who need it most, giving them the tools to make healthy and delicious food. An IACP Cookbook Awards Winner. If you were a mouse trapped in a maze and someone kept moving the cheese, what would you do? Over a decade ago the bestselling business fable *Who Moved My Cheese?* offered its answer to this question: accept that change is inevitable and beyond your control, don't waste your time wondering why things are the way they are, keep your head down and start looking for the cheese. But success in the areas of innovation, entrepreneurship, creativity, leadership, and business growth—as well as personal growth—depends on the ability to push the boundaries, reshape the environment, and play by a different set of rules: our own. With that in mind, Harvard Business School professor Deepak Malhotra offers a radically different answer to this question. Malhotra tells an inspiring story about three unique and adventurous mice—Max, Big, and Zed—who refuse to accept their reality as given. As we watch their lives unfold and intersect, we discover that instead of just blindly chasing after the cheese, each of us has the ability to escape the maze or even reconfigure it to our liking. In the face of established practices, traditional ideas, scarce resources, and the powerful demands or expectations of others, we often underestimate our ability to control our own destiny and overcome the constraints we face—or think we face. *I Moved Your Cheese* reminds us that we can create the new circumstances and realities we want, but first we must discard the often deeply ingrained notion that we are nothing more than mice in someone else's maze. As Zed explains, “You see, Max, the problem is not that the mouse is in the maze, but that the maze is in the mouse.”

Meet Ella, on the brink of turning 30 and full of regret for a life only half lived. In a haze of heartbreak after splitting up with the man she thought she was going to marry, she makes the only decision that seems rational and buys a one-way ticket to Paris, embarking on a pilgrimage of food, wine, and joie de vivre. After arriving, Ella struggles to grasp the nuances of French manners and friendship. She soon finds herself caught between two men who inhabit opposite ends of the Paris food scene, getting wined and dined by one, and inadvertently making a bet to try every type of French fromage with the other. As the seasons change, Ella realizes that there's more to life in France than champagne and cheese. At some point the Eiffel Tower stops sparkling and she needs to decide where her heart truly lies.

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Set on a small Irish dairy farm, this tender and funny debut novel follows two lost souls as they try to carve out new lives amid a colorful cast of characters reminiscent of those in the hit film *Waking Ned Divine*. Abby has been estranged from the family farm since her rebellious mother ran off with her when she was a small child. Kit is a burned out New York stockbroker who's down on his luck. But that's all about to change, now that he and Abby have converged on the farm just in time to help Corrie and Fee, two old cheesemakers in a time of need. Full of delightful and quirky characters--from dairy cows who only give their best product to pregnant, vegetarian teens to an odd collection of whiskey-soaked men and broken-hearted women who find refuge under Corrie and Fee's roof--**BLESSED ARE THE CHEESEMAKERS** is an irresistible tale about taking life's spilled milk and turning it into the best cheese in the world.

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